

Surgical Appointment Details

At Gateway Oral & Maxillofacial Surgery, we believe that patient care is just as important before and after surgery as it is during the surgery. Please review these important reminders regarding your planned procedure.

Pre-Operative Instructions for General Anesthetic

- Do not eat **any** food or heavy liquids (milk, coffee, orange juice) for at least **eight** (8) hours prior to your appointment. You can sip small amounts of plain/clear water up to **three** (3) hours prior to your appointment to keep your mouth moist.
- ** Patient's taking daily medications prescribed by their medical doctor (such as blood pressure, heart, or diabetic medications) should take them as scheduled with a small sip of plain water unless told otherwise by Dr. Mather or their medical doctor.
- Please bring a list of the names and dosage of any medications you are currently taking if not done so at your consultation.
- If you are on a Semaglutide such as Ozempic or Wegovy please stop the medication a minimum of 1 week prior to your surgical date.
- Asthmatic patients are asked to bring all inhalers to the surgery. You will be asked to take 2 puffs of your Ventolin (Blue rescue inhaler) prior to the procedure.
- Diabetic patients are asked to bring your insulin and glucometer.
- Please discontinue the use of tobacco or Vaping 2 days (and a minimum of 24 hours) prior to surgery. Smoking may delay healing, will create increased discomfort following surgery, and increases the risk of infection.
- A responsible person must accompany you home following surgery. We cannot allow patients to leave by taxi or other transportation without an escort. You are considered legally impaired and cannot drive for 24 hours after your sedation.
- Someone should be available to be with your for 12 to 24 hours after you arrive home from surgery.
- Wear short-sleeved, dark, comfortable clothing. Please removed any 'dangling' jewelry. No necklaces can be worn.
- Contact lenses, nail polish, false eyelashes and heavy make-up should not be worn to your surgical appointment. If you wear gel nails - one nail should be removed for access to your finger nail bed.
- If there is a change in your health in the few days before surgery, such as fever, chest cold or persistent productive cough, please notify the office immediately.

You have a scheduled oral surgery appointment. This time is reserved specifically for you. Please arrive approximately 15 minutes prior to your scheduled appointment. If you are late, we may need to reschedule your surgery. We will try to respect your scheduled time the best we can. Due to the sometimes unpredictable nature of surgery, we occasionally run slightly behind. We will make every attempt to ensure that you are seen and treated promptly at your appointed time.

Your surgical appointment will be confirmed by phone at least 48 hours in advance. If we are unable to contact you at that time and you do not contact the office to confirm your surgery, it will be cancelled.

If you are unable to keep your appointment, please notify the office at 780.760.1501 at least 48 hours prior to your scheduled visit.

If you have any questions regarding your surgery or need any additional information, do not hesitate to call the office at 780.760.1501.

